

Lampiran 3. Output Hasil Uji Statistik

1. Analisis Univariat

Statistics						
		Usia	Semester	Menarche	Lama Menstruasi	Siklus Menstruasi
N	Valid	92	92	92	92	92
	Missing	0	0	0	0	0
Mean		1.40	2.65	1.75	2.11	1.86
Median		1.00	3.00	2.00	2.00	2.00
Mode		1	3	2	2	2
Std. Deviation		.493	.791	.435	.346	.482
Minimum		1	1	1	1	1
Maximum		2	4	2	3	3

a. Usia

Usia					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Remaja Tengah (16-20 tahun)	55	59.8	59.8	59.8
	Remaja Akhir (21-24 tahun)	37	40.2	40.2	100.0
	Total	92	100.0	100.0	

b. Semester

Semester					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Semester 2	10	10.9	10.9	10.9
	Semester 4	20	21.7	21.7	32.6
	Semester 6	54	58.7	58.7	91.3
	Semester 8	8	8.7	8.7	100.0
	Total	92	100.0	100.0	

c. Menarche

Menarche					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	<12 tahun	23	25.0	25.0	25.0
	>12 tahun	69	75.0	75.0	100.0
	Total	92	100.0	100.0	

d. Lama Menstruasi

Lama Menstruasi					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	<3 hari	1	1.1	1.1	1.1
	3-7 hari	80	87.0	87.0	88.0
	>7 hari	11	12.0	12.0	100.0
	Total	92	100.0	100.0	

e. Siklus Menstruasi

Siklus Menstruasi					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	<21 hari	18	19.6	19.6	19.6
	21-35 hari	69	75.0	75.0	94.6
	>35 hari	5	5.4	5.4	100.0
	Total	92	100.0	100.0	

2. Gambaran Variabel

Case Processing Summary						
	Valid		Cases Missing		Total	
	N	Percent	N	Percent	N	Percent
Semester * Social Media Addiction	92	100.0%	0	0.0%	92	100.0%
Semester * Gangguan Tidur	92	100.0%	0	0.0%	92	100.0%
Semester * Pre-Menstrual Syndrome	92	100.0%	0	0.0%	92	100.0%

Semester * Social Media Addiction Crosstabulation						
			Social Media Addiction			Total
			Normal	Alert	Addict	
Semester	Semester 2	Count	0	3	7	10
		% within Semester	0.0%	30.0%	70.0%	100.0%
		% within Social Media Addiction	0.0%	8.6%	13.2%	10.9%
		% of Total	0.0%	3.3%	7.6%	10.9%
	Semester 4	Count	1	7	12	20
		% within Semester	5.0%	35.0%	60.0%	100.0%
		% within Social Media Addiction	25.0%	20.0%	22.6%	21.7%
		% of Total	1.1%	7.6%	13.0%	21.7%
	Semester 6	Count	2	24	28	54
		% within Semester	3.7%	44.4%	51.9%	100.0%
		% within Social Media Addiction	50.0%	68.6%	52.8%	58.7%
		% of Total	2.2%	26.1%	30.4%	58.7%
	Semester 8	Count	1	1	6	8
		% within Semester	12.5%	12.5%	75.0%	100.0%
		% within Social Media Addiction	25.0%	2.9%	11.3%	8.7%
		% of Total	1.1%	1.1%	6.5%	8.7%
Total	Count	4	35	53	92	
	% within Semester	4.3%	38.0%	57.6%	100.0%	
	% within Social Media Addiction	100.0%	100.0%	100.0%	100.0%	
	% of Total	4.3%	38.0%	57.6%	100.0%	

Semester * Gangguan Tidur Crosstabulation

Semester	Semester 2	Count	Gangguan Tidur		Total
			Kualitas Tidur Baik	Kualitas Tidur Buruk	
	Semester 2	Count	0	10	10
		% within Semester	0.0%	100.0%	100.0%
		% within Gangguan Tidur	0.0%	11.4%	10.9%
		% of Total	0.0%	10.9%	10.9%
	Semester 4	Count	2	18	20
		% within Semester	10.0%	90.0%	100.0%
		% within Gangguan Tidur	50.0%	20.5%	21.7%
		% of Total	2.2%	19.6%	21.7%
	Semester 6	Count	0	54	54
		% within Semester	0.0%	100.0%	100.0%
		% within Gangguan Tidur	0.0%	61.4%	58.7%
		% of Total	0.0%	58.7%	58.7%
	Semester 8	Count	2	6	8
		% within Semester	25.0%	75.0%	100.0%
		% within Gangguan Tidur	50.0%	6.8%	8.7%
		% of Total	2.2%	6.5%	8.7%
Total		Count	4	88	92
		% within Semester	4.3%	95.7%	100.0%
		% within Gangguan Tidur	100.0%	100.0%	100.0%
		% of Total	4.3%	95.7%	100.0%

Semester * Pre-Menstrual Syndrome Crosstabulation

Semester	Semester 2	Count	Pre-Menstrual Syndrome			Total
			PMS Ringan	PMS Sedang	PMS Berat	
	Semester 2	Count	0	1	9	10
		% within Semester	0.0%	10.0%	90.0%	100.0%
		% within Pre-Menstrual Syndrome	0.0%	7.7%	11.7%	10.9%
		% of Total	0.0%	1.1%	9.8%	10.9%
	Semester 4	Count	1	2	17	20
		% within Semester	5.0%	10.0%	85.0%	100.0%
		% within Pre-Menstrual Syndrome	50.0%	15.4%	22.1%	21.7%
		% of Total	1.1%	2.2%	18.5%	21.7%
	Semester 6	Count	0	9	45	54
		% within Semester	0.0%	16.7%	83.3%	100.0%
		% within Pre-Menstrual Syndrome	0.0%	69.2%	58.4%	58.7%
		% of Total	0.0%	9.8%	48.9%	58.7%
	Semester 8	Count	1	1	6	8
		% within Semester	12.5%	12.5%	75.0%	100.0%
		% within Pre-Menstrual Syndrome	50.0%	7.7%	7.8%	8.7%
		% of Total	1.1%	1.1%	6.5%	8.7%
Total		Count	2	13	77	92
		% within Semester	2.2%	14.1%	83.7%	100.0%
		% within Pre-Menstrual Syndrome	100.0%	100.0%	100.0%	100.0%
		% of Total	2.2%	14.1%	83.7%	100.0%

a. Social Media Addiction

Social Media Addiction

Valid		Frequency	Percent	Valid Percent	Cumulative Percent
	Normal	4	4.3	4.3	4.3
	Alert	35	38.0	38.0	42.4
	Addict	53	57.6	57.6	100.0
	Total	92	100.0	100.0	

b. Gangguan Tidur

Gangguan Tidur					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Kualitas Tidur Baik	4	4.3	4.3	4.3
	Kualitas Tidur Buruk	88	95.7	95.7	100.0
	Total	92	100.0	100.0	

c. Pre-Menstrual Syndrome

Pre-Menstrual Syndrome					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	PMS Ringan	2	2.2	2.2	2.2
	PMS Sedang	13	14.1	14.1	16.3
	PMS Berat	77	83.7	83.7	100.0
	Total	92	100.0	100.0	

3. Analisis Bivariat

a. Hubungan *Social Media Addiction* dengan Kejadian *Pre-Menstrual Syndrome* (PMS)

Correlations				
			Social Media Addiction	Pre-Menstrual Syndrome
Spearman's rho	Social Media Addiction	Correlation Coefficient	1.000	.313**
		Sig. (2-tailed)	.	.002
		N	92	92
	Pre-Menstrual Syndrome	Correlation Coefficient	.313**	1.000
		Sig. (2-tailed)	.002	.
		N	92	92

** . Correlation is significant at the 0.01 level (2-tailed).

b. Hubungan Gangguan Tidur dengan Kejadian *Pre-Menstrual Syndrome* (PMS)

Correlations				
			Gangguan Tidur	Pre-Menstrual Syndrome
Spearman's rho	Gangguan Tidur	Correlation Coefficient	1.000	.517**
		Sig. (2-tailed)	.	<.001
		N	92	92
	Pre-Menstrual Syndrome	Correlation Coefficient	.517**	1.000
		Sig. (2-tailed)	<.001	.
		N	92	92

** . Correlation is significant at the 0.01 level (2-tailed).

a. Kuesioner BSMAS

*. Correlation is significant at the 0.05 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

c. Kuesioner SPAF

		Correlations										
		P01	P02	P03	P04	P05	P06	P07	P08	P09	P10	TOTAL
P01	Pearson Correlation	1	.402*	.275	.456*	.335	.275	.415*	.402*	.330	.334	.688**
	Sig. (2-tailed)		.028	.142	.011	.070	.142	.023	.028	.075	.071	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P02	Pearson Correlation	.402*	1	.462*	-.002	.366*	.462*	.072	1.000**	.317	.247	.724**
	Sig. (2-tailed)	.028		.010	.991	.047	.010	.705	.000	.088	.188	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P03	Pearson Correlation	.275	.462*	1	-.031	.920**	1.000**	.103	.462*	.133	.309	.756**
	Sig. (2-tailed)	.142	.010		.871	<.001	.000	.589	.010	.485	.097	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P04	Pearson Correlation	.456*	-.002	-.031	1	.001	-.031	.911**	-.002	.297	.033	.422*
	Sig. (2-tailed)	.011	.991	.871		.995	.871	<.001	.991	.111	.863	.020
	N	30	30	30	30	30	30	30	30	30	30	30
P05	Pearson Correlation	.335	.366*	.920**	.001	1	.920**	.035	.366*	.180	.249	.711**
	Sig. (2-tailed)	.070	.047	<.001	.995		<.001	.853	.047	.341	.185	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P06	Pearson Correlation	.275	.462*	1.000**	-.031	.920**	1	.103	.462*	.133	.309	.756**
	Sig. (2-tailed)	.142	.010	.000	.871	<.001		.589	.010	.485	.097	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P07	Pearson Correlation	.415*	.072	.103	.911**	.035	.103	1	.072	.287	.077	.494**
	Sig. (2-tailed)	.023	.705	.589	<.001	.853	.589		.705	.124	.687	.006
	N	30	30	30	30	30	30	30	30	30	30	30
P08	Pearson Correlation	.402*	1.000**	.462*	-.002	.366*	.462*	.072	1	.317	.247	.724**
	Sig. (2-tailed)	.028	.000	.010	.991	.047	.010	.705		.088	.188	<.001
	N	30	30	30	30	30	30	30	30	30	30	30
P09	Pearson Correlation	.330	.317	.133	.297	.180	.133	.287	.317	1	.564**	.482**
	Sig. (2-tailed)	.075	.088	.485	.111	.341	.485	.124	.088		.001	.007
	N	30	30	30	30	30	30	30	30	30	30	30
P10	Pearson Correlation	.334	.247	.309	.033	.249	.309	.077	.247	.564**	1	.450*
	Sig. (2-tailed)	.071	.188	.097	.863	.185	.097	.687	.188	.001		.013
	N	30	30	30	30	30	30	30	30	30	30	30
TOTAL	Pearson Correlation	.688**	.724**	.756**	.422*	.711**	.756**	.494**	.724**	.482**	.450*	1
	Sig. (2-tailed)	<.001	<.001	<.001	.020	<.001	<.001	.006	<.001	.007	.013	
	N	30	30	30	30	30	30	30	30	30	30	30

*. Correlation is significant at the 0.05 level (2-tailed).

**. Correlation is significant at the 0.01 level (2-tailed).

Lampiran 5. Hasil Uji Reliabilitas Kuesioner Penelitian

a. Kuesioner BSMAS

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.932	18

b. Kuesioner PSQI

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.707	7

c. Kuesioner SPAF

Case Processing Summary

		N	%
Cases	Valid	30	100.0
	Excluded ^a	0	.0
	Total	30	100.0

a. Listwise deletion based on all variables in the procedure.

Reliability Statistics

Cronbach's Alpha	N of Items
.824	10