

Dear Editors,
International Journal Nutrition and Dietetics
Universitas Alma Ata, Yogyakarta

We are pleased to submit our manuscript titled "**Implications of E-Booklet Education in Adolescents on Knowledge About Obesity and Food Consumption**" for consideration for publication in *IJND*

This study addresses the pressing issue of adolescent obesity through an innovative intervention using e-booklets, demonstrating significant improvements in knowledge and dietary behaviors. The findings are particularly relevant in the context of Indonesia, where the prevalence of obesity among adolescents has been steadily increasing. By providing a scalable and accessible educational solution, our research contributes to advancing public health interventions in adolescent nutrition, aligning with the scope and mission of *IJND*.

The collaboration with international researchers from the University of Nottingham, Malaysia, underscores the multidisciplinary and global perspective. We believe the manuscript offers valuable insights into leveraging digital tools for health education, which could inspire further research and interventions in this field.

We confirm that this manuscript is original, has not been published elsewhere, and is not under consideration by another journal. All authors have approved the manuscript and have no conflicts of interest to disclose.

Thank you for considering our submission. We look forward to the opportunity to contribute to *IJND*.

Yogyakarta, 19th January 2025
Yours sincerely,

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