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**GUIDELINES OF WRITING**  
**INDONESIAN JOURNAL OF NUTRITION AND DIETETICS**

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Manuscript is typed with Microsoft word program, paper size A4, font Arial size 11, spaced 1.5, margins for top-bottom-left-right 3 cm, the number of pages 8-20, and give the page numbers on the bottom right corner.

### **1. Title**

- a. The title of article should be written in Bahasa and English, should be specific and effective, not more than 12 words in Bahasa, 10 words in English, or 90 spaces on the keyboard, so it would be understood comprehensively in once reading.
- b. The title should be capitalized in the beginning of sentence.
- c. The Latin name and terminology that is not in Indonesian written in italics.

### **2. The name and the institution of author**

- a. 2.1. The name of the author should be without a degree under the title completed with superscript of letters behind the name of ever author and completed with the information containing institutions and institution address.
- b. 2.2. One of the authors roles as a correspondence author and must write down the address correspondence in a form of email or phone number to help the communication and publishing confirmation.

### **3. Abstract**

- a. Abstract should be written structurally using Bahasa and English in italic.
- b. Abstract may clearly present the whole essence of the article in 250-300 words.
- c. Abstract could be written at the bottom of author name with the background, the purpose of research (objective), methods, result, conclusions and keywords.

- d. The keywords should be 5 words for maximum or may present the content of article and could be used as searching words.

### **4. Introductions**

Introductions contain background and supporting literature by research purposes.

### **5. Materials and methods**

- a. Type of methods, time, sample, and research variable should be briefly in this part.
- b. For the experimental research that uses laboratory must include the main ingredient with clear specification and source..
- c. The used of methods should be reproducible and when taken from other sources should be completed citation.
- d. Analysis of the data should be written briefly.

### **6. Results**

Table and figures should be referred in the next and given the title with enough information, so it would not depend on the text. The table title is placed before the table, while the title of figure should be bottom of picture. The table is numbered based on the appearance, so is the figure. To help editing, the figure/ table should be completed with excel softcopy or JPG.

### **7. Discussions**

Discussions should be supported with related literature.

### **8. Conclusion and recommendation**

Conclusion withdrawn from the results and discussion must refer to the objectives of the research.

## 9. Acknowledgements (if necessary)

Name or institution participated in the research could be written here.

## 10. References

- a. The reference should use number system (Vancouver style) I, recommended to use the application of Mendeley
- b. The numbering of references must be appropriate with the article appearance and written with Arabic numbers in the brackets. For example:  
...data accuracy in this research could be matched with Riskesdas 2010 (1).  
...in the step of this research, the studies in America also shows...(2).
- c. The journal title could be abbreviated based on Medicus index. The list of the abbreviation could be accessed on library's website (<http://www.nlm.nih.gov>).
- d. References from abstract are not permitted.
- e. Article references accepted by a magazine but has not been published would be marked "in press" or "forthcoming". Article sent to a magazine but has not got certainly whether accepted or not would be mentioned as "unpublished observations". These article, if they are so important, could be used as references with the author's written permission.
- f. Do not use literature "personal communication" or "self-problem" except it is for needed. It must be obtain permission.
- g. All literatures should be verified by authors of their own original documents.
- b. Author is more than 6  
Huybrechts I, Maes L, Vereecken C, De Kyzer W, De Bacquer D, De Backer G, et al. High dietary supplements intakes among Flemish preschoolers. *Appetite* 2010;54;340-5.
- c. Organizations as author  
Departemen Kesehatan RI. Pedoman penanggulangan masalah kesehatan intelegensia akibat gangguan degenerative. Jakarta: Direktorat Bina Gizi Masyarakat DitjenBinkesmans Depkes RI; 2010..
- d. Volume with supplement  
Yonemori KM, Morimoto Y, Wilkens LR, Murphy SP. Development of a supplement composition database for the SURE study. *J Food Compos Anal* 2009; 22 Suppl:83-87.
- e. Volume with the part  
Almeida MR, Macedo B, Cardoso I, Alves I, Valencia G, Arsequell G, et al. Selective binding to transthyretin and tetramer stabilization in serum from patients with familial amyloidotic polyneuropathy by an iodinated diflunisal derivative. *Biochem J* 2004;381(Pt 2):351-6.
- f. Magazine (*issue*) without volume  
Banit DM, Kaufer H, HArtfoed JM. Intraoperative frozen section analysis in revision total joint arthroplasty. *Clin Orthop* 2002;(401):230-8.
- g. No number *issue* or volume  
Outrech: bringing HIV-positive individuals into care. *HRSA Careaction* 2002 Jun: 1-6.
- h. *The type of article needs to mention*  
Gill M, Deol NS, Kaur R. Comparative study of physical fitness components of rural and urban female students of Punjabi University, Patiala [abstract]. *Anthropologist* 2010;12(1):17-21.

## EXAMPLES OF REFERENCES WRITING

### 1. Standard journal article

- a. Author is 6 or less  
Gill M, Deol NS, Kaur R. Comparative study of physical fitness components of rural and urban female students of Punjabi University, Patiala. *Anthropologist* 2010;12(1):17-21.

## 2. Books and another monograph

- a. 2.1. Personal author  
Cho SS, Finocchiaro ET. Handbook of prebiotics and probiotics ingredients: health benefit and food application. New York (USA): CRC Press; 2010.
- b. 2.2. Organisasi sebagai pengarang  
WHO. WHO expert consultation on the optimal duration of exclusive breastfeeding, recommendation for research. Geneva: WHO; 2001.
- c. 2.3. Textbook which have their own editor and the subject its own author  
Lewis S, Atkinso C. Designing Trials for Testing the Efficacy of Pre- Pro- and Synbiotics. In: Charampopoulos D, Rastall RA, editors. Prebiotics and probiotics science and technology. New York: Springer Science&Business Media, LLC; 2009.

## 3. Proceeding of scientific

Harnden P, Joffe JK, Jones WG, editors. Germ cell tumours V. Proceedings of the 5th Germ Cell Tumour Conference: 2001 Sep 13-15; Leeds, UK. New York: Springer; 2002.

## 4. Papers from scientific discussions

Christensen S, Oppacher F. An analysis of Koza's computational effort for genetic programming. In: FosternJa, Lutton E, Miller J, /tettamanzi AG, editors. Genetic Programming. euroGp 2002: Proceeding of the 5<sup>th</sup> European Conference on Genetic Programming; 2002 Apr 3-5; kindsale, Ireland. Berlin: Springer; 2002.p.182-91.

## 5. Technical report or report of scientific

Ye GG (Oklama State University, School of Electrical and Computer Engineering. Stillwater, OK). Health monitoring on vibration signatures. Final report. Arlington (VA): Air force Office of Scientific Research (US), air force Research Laboratory; 2002 Feb. Report

No. AFRLSRBTR020123. Contract No.: F496209810049.

## 6. Dissertation and the thesis

Smith J. Aspects of elementary lineary algebra. USA: Southern Illinois University Carbondale; 2006.

## 7. Another publications

- a. Papers article  
Azwar AS. Labor 'violence' may trigger corporate exits. The Jakarta Post November 2012; Sect. A:1 (col.1-4).
- b. Article journal in electric format  
Cano NJM, Aparicio M, Brunori, G, CArrero JJ, Cianciaruso B, Fiaccadori E, et al. ESPEN Guidelines on Parenteral Nutrition: Adult Renal Failure. Clin Nutr [serial online] 2009 Feb-May [cited 2012 Nov 12];28(1): [14 screens]. Available from: [http://ac.els-cdn.com/S0261561409001083/1-s2.0-S0261561409001083-main.pdf?\\_tid=5080b6b4-2a10-11e2-8a60-00000aab0f27&acdnat=1352426213\\_9a8bf8ba6d1fc7cdb48ca45264e73dd2](http://ac.els-cdn.com/S0261561409001083/1-s2.0-S0261561409001083-main.pdf?_tid=5080b6b4-2a10-11e2-8a60-00000aab0f27&acdnat=1352426213_9a8bf8ba6d1fc7cdb48ca45264e73dd2).
- c. Monograph in format electronic  
CDI, clinical dermatology illustrated [monograph on CD-ROM]. Reeves JRT, Mailbach H. CMEA Multimedia Group, producers. 2nd ed. Version 2.0 San Diego: CMEA; 2012.
- d. Computer file  
Hemodynamics III. The ups and downs of hemodynamics [computer program]. Version 2.2. Orlando (FL): Computerized Educational Systems; 2012.

## 8. Material would be published

In press Agarwal E, Ferguson M, Banks M, Batterham M, Bauer J, Capra S, et al. Nutrition care practices in hospital wards: Results from the Nutrition Care Day Survey 2010. Clin Nutr. In press 2012.